



Resources You Can Use

January 2008

Science-Based Programs-

Emerging Answers 2007 by Dr. Douglas Kirby

Published by the **National Campaign to Prevent Teen and Unplanned Pregnancy** www.teenpregnancy.org

- The most recent and comprehensive review of science-based curricula.
- Includes a chapter on the 17 important characteristics of effective curriculum-based sex and STD/HIV education programs.

Science and Success – Programs That Work to Prevent Teen Pregnancy, HIV and Sexually Transmitted Infections in the United States and Developing Countries

Published by **Advocates for Youth** www.advocatesforyouth.org

- The 2003 publication reviews 19 U.S. based programs. Twelve programs resulted in a delay in the initiation of sexual intercourse while 17 had positive effects on sexual risk behavior among sexually active youth.
- The 2005 publication reviews 10 programs from 7 developing countries around the world. All 10 programs were found to have beneficial changes reducing sexual risk behaviors among sexually experienced youth.

PASHA Archives (Program Archive on Sexuality, Health and Adolescence)

Published by **Sociometrics**, <http://www.socio.com/pasha.htm>

- A collection of promising prevention programs for teen pregnancy, STD, and HIV/AIDS.
- The goal of the archive is to assist prevention health workers in identifying and facilitating access to effective prevention programs.

Diffusion of Evidence-Based Interventions (DEBI)

Published by **Centers for Disease Control and Prevention Division of HIV/AIDS Prevention (DHAP)**

www.effectiveinterventions.org

- Designed to bring science-based, community and group-level HIV prevention interventions to community-based service providers and state or local health departments.
- The interventions are directed toward individuals whose behavior put them at risk for HIV infection and is not meant for school-based programs.
- DEBI was created in collaboration with DHAP and the Center on AIDS & Community Health

(COACH).

Free Lesson Plans and Teaching Strategies-

Advocates for Youth, www.advocatesforyouth.org

Provides information, training, and strategic assistance to youth-serving organizations, policy makers, youth activists, and media in the United States and the developing world.

- Website features lessons plans and activities which include topics such as body image, skill negotiating, and HIV/AIDS. <http://www.advocatesforyouth.org/lessonplans/index.htm>

ETR Associates (ReCAPP), www.etr.org/recapp

ReCAPP provides tools for health educators to find up-to-date, evaluated programming materials to use with students.

- See the *Skills for Educators* section for ideas and strategies to use in the classroom.
- Look for their monthly teaching tips that include new teaching strategies.

Sexuality Information and Education Council of the United States, www.siecus.org

SEICUS is a national organization that advocates for the rights of all people to receive accurate information and comprehensive education about sexuality and sexual health services.

- **SexEd Library**, <http://www.sexedlibrary.org/> includes lesson plans, health statistics, and information on professional development training.
- **Guidelines for Comprehensive Sexuality Education K-12:**
<http://65.36.238.42/pubs/guidelines/guidelines.pdf>
Provides a framework of essential sex education topics by developmental level (middle childhood, preadolescence, early adolescence, and adolescence).

Training and Curriculum Development-

Health Care Education and Training, Inc. (HCET), www.hcet.org

HCET is a nonprofit agency that provides comprehensive education, training, and program development, with a focus on reproductive and women's health care.

- Offers the Great Lakes Institute for Community Health Educators (GLICHE), a weeklong skill-based training for health educators working in schools and community-based organizations.

Healthy Teen Network's Frequently Asked Questions, www.healthyteennetwork.org

Answers common questions regarding how to use and adapt a science-based curriculum to fit the needs of the classroom and community.

- Includes guidelines for creating logic models, conducting focus groups, and resources for curriculum adaptation.

- Downloadable file of the *Tool to Assess the Characteristics of Effective Sex and STD/HIV Education Programs (TAC)*. A useful resource to assess current programs or as a guide.

Research and Youth Health Statistics-

The Alan Guttmacher Institute, www.guttmacher.org

Advances sexual and reproductive health worldwide through social science research, public education and policy analysis. The institute has four key programs of focus including adolescent sexual and reproductive health, services and financing, rights and responsibilities of pregnancies, and healthy sexuality.

- A key resource for up-to-date information on adolescent sexual behavior, statistics, and state policy briefs.

Centers for Disease Control and Prevention, <http://www.cdc.gov/HealthyYouth/az/index.htm>

The CDC dedicates a website for adolescent health featuring topics such as sexual health, alcohol and drug use, food safety, and physical activity (see website for additional topics).

- Contains statistics and science-based strategies that can be used in your classroom.
- *Youth Risk Behavior Surveillance System* that monitors six categories of adolescent health-risk behaviors by surveying private and public high schools in all 50 states.

Child Trends (Adolescent Sex & Pregnancy), www.childtrends.org

Designed for researchers and educators, this site examines trends in adolescent sexual activity, contraceptive use, and childbearing. An annual newsletter is released regarding current U.S., state, and city trends in teen childbearing.

- Includes *What Works: A Guide to Effective Programs- Five comprehensive tools for improving outcomes for children and youth*

The National Campaign to Prevent Teen and Unplanned Pregnancy: www.teenpregnancy.org

Their mission is to promote values, behavior and policies that reduce both teen pregnancy and unplanned pregnancy among young adults.

- Provides state profile information on teen pregnancy rates.
- Publications are available for sexual risk and protective factors, after-school programs to reduce teen pregnancy, and understanding a young male's perspective on pregnancy (see website for more topics).

Services-

Illinois Coalition Against Sexual Assault (ICASA), <http://www.icasa.org/crisisCenters.asp>

A statewide network of rape crisis centers working to end sexual violence. For location sites, visit the ICASA website or call 217-753-4117.

Local Health Departments